



Lansdowne Oil & Gas plc

("Lansdowne" or the "Company")

Posting of Annual Report and Notice of AGM

22 May 2013

Lansdowne Oil & Gas, the North Celtic Sea focussed oil and gas exploration company, confirms that it has posted its Report and Accounts for the year ended 31 December 2012 to shareholders together with the Notice of Annual General Meeting and the associated form of proxy.

The Annual Report, the Notice and related documents will be available shortly on the Company's website and can be downloaded from: www.lansdowneoilandgas.com.

Notice of AGM

The AGM will be held at 12 noon on 13 June 2013 at the offices of Cenkos Securities plc, located at 6.7.8 Tokenhouse Yard, London EC2R 7AS.

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